

## About CSPMP

Arizona's Forty-Eighth Legislature passed H.B. 2136 establishing a Controlled Substances Prescription Monitoring Program (CSPMP). The bill requires the Arizona State Board of Pharmacy (ASBP) to establish a controlled substances prescription monitoring program and requires pharmacies and medical practitioners who dispense controlled substances listed in Schedule II, III, and IV to a patient, to report prescription information to the Board of Pharmacy on a weekly basis. The new statutes, A.R.S. Title 36, Chapter 28, are available on the Board's website under the "Rules and Statutes" link.

A.R.S. § 36-2602 of House Bill 2136 requires the ASBP to establish a controlled substances prescription monitoring program that:

- Includes a computerized central database tracking system to track the prescribing, dispensing and consumption of Schedule II, III, and IV controlled substances in Arizona,
- Assists law enforcement in identifying illegal activity related to the prescribing, dispensing and consumption of Schedule II, III, and IV controlled substances,
- Provides information to patients, medical practitioners, and pharmacists to help avoid the inappropriate use of Schedule II, III, and IV controlled substances, and
- Is designed to minimize inconvenience to patients, prescribing medical practitioners and pharmacies while effectuating the collection and storage of information.

## Questions regarding the CSPMP can be addressed to:

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Information for this brochure was obtained through the Arizona Board of Pharmacy website [www.azpharmacy.gov](http://www.azpharmacy.gov).

The Arizona Prescription Drug Misuse and Abuse Initiative's goal is to reduce prescription drug misuse and the consequences associated with this epidemic to improve the health of Arizona's communities and families. The Rx epidemic impact on Arizona:

1. Enough Rx pain relievers were dispensed in 2013 to medicate every adult in Arizona around-the-clock for 2 weeks straight\*.
2. Arizona ranks 6th highest\*\* in the nation for individuals misusing and abusing prescription drugs.
3. Hospitalizations and emergency department visits for poisonings (Rx drugs are a leading cause) cost Arizona nearly \$500,000 per day in 2012.\*\*\*



For more information visit [AZCJC.gov](http://AZCJC.gov) and click on Arizona Rx Initiative.

\*Arizona State Board of Pharmacy, 2013

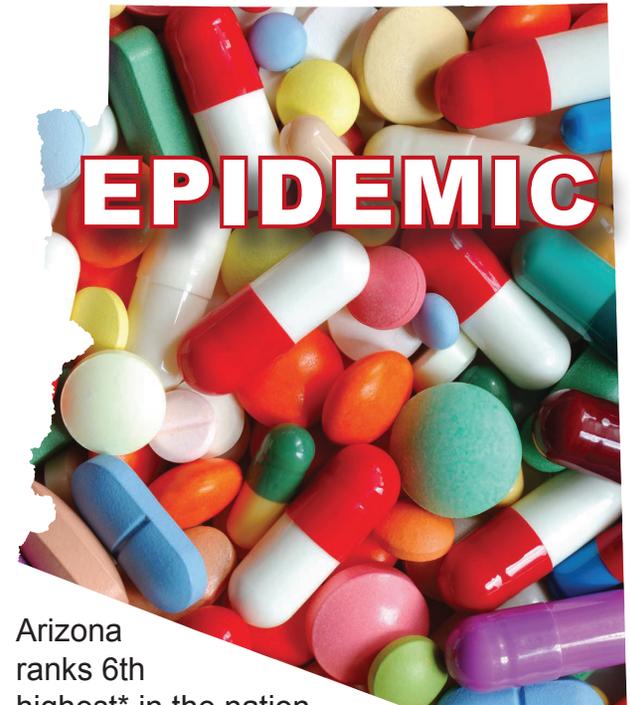
\*\*National Survey on Drug Use and Health, 2012

\*\*\*Arizona Department of Health Services, Vital Statistics

## Sign Up To Save Lives

The Arizona Prescription Drug Misuse and Abuse Initiative encourages physicians and pharmacists to register for the Controlled Substances Prescription Monitoring Program.

Prescription drug abuse is an



Arizona ranks 6th highest\* in the nation for misuse and abuse of prescription drugs.

The Controlled Substances Prescription Monitoring Program (CSPMP) is a program developed to promote the public health and welfare by detecting diversion, abuse, and misuse of prescription medications classified as controlled substances under the Arizona Uniform Controlled Substances Act.

## Controlled Substance Prescription Monitoring Program Benefits

**Patient Safety** – Patients may see more than one prescriber; sometimes they forget to tell each provider about other medications they are taking, and sometimes they are engaging in “doctor shopping.” The CSPMP is an ideal tool to keep your patient safe and minimize diversion of prescription medication.

**Limit Prescriber Liability** – Checking patient medication history is a good practice for ensuring the Standards of Care and limiting any liability involved with dangerous drug combinations or high-dose prescribing, especially if a patient is seeing more than one prescriber.

**Easier than Ever** - Prescribers can appoint an office designee to access their patients’ medication history from the PDMP, just like they do patient charts. This will cut down on prescriber time and still ensure patient safety and minimize liability concerns.

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## Practitioner Procedures for Requesting Access

Practitioners who use the online database can literally save lives by easily checking the controlled substance usage of a patient.

Prescribers and dispensers can sign up for the CSPMP by going to the Arizona Board of Pharmacy’s website at:

[www.pharmacympm.pz.gov](http://www.pharmacympm.pz.gov)

Before requesting access to the database, a practitioner (MD, DO, DDS, DMD, DPM, HMD, PA, NP, ND, OD, or DVM) must first be registered with the Arizona Controlled Substances Prescription Monitoring Program. This step can be completed online at:

[www.pharmacympm.pz.gov](http://www.pharmacympm.pz.gov)



## Tips for Educating Patients

### Educate

Educate your patients on the epidemic of Rx medicine abuse.

### Communicate

Communicate the importance of taking medication as prescribed and the danger of misusing medicine to the patient. Abusing or misusing a prescription drug can be just as dangerous, deadly and addictive as using street illegal drugs like heroin.



### Safeguard

Please inform all patients who receive a prescription to properly store and dispose of any unused or expired medication.

To find a list of permanent prescription drug drop boxes visit [www.AZCJC.gov](http://www.AZCJC.gov) and click on Arizona Rx Initiative.